

These are the original questions and answers I was asked, which appeared in the February 2004 issue of Copyright News Magazine.

## **Copyright News Magazine Interview**

by Tracey Casselman

### **1. What caused your interest in investigating the paranormal aspects of our world and its people?**

Enlightened self-interest. I started having psychic experiences when I was in my 30s. I wanted to understand why I could do these things that science claimed were impossible.

### **2. Was there a particular event that helped push you into the field of parapsychology?**

A number of things were happening at the same time, but I suppose what interested me the most, being a Doctor, was that I could do anomalous healing consistently. What should have taken days to heal would take hours. And I wasn't some guru living on a distant mountaintop! I was an ordinary person. So why? Why could I do it? And how did it all work? Because if I could do it, anyone could.

### **3. What are your views on Telekinesis?**

Actually, the word parapsychologists use for mind-over-matter is psychokinesis (PK), with telekinesis being an archaic term left over from science fiction. I view it as a natural part of our existence, which probably occurs a great deal more often than most people realize or would want to know. The problem with PK is that it implies we are responsible for the world around us. This is a very scary idea for most people, as our lawsuit-happy culture tends to like to dump responsibility for events upon others.

### **4. Do you think that telekinesis is more prominent in children and teens than in adults? If so, why?**

I think that children are more open to accepting reality as they find it. A bit less blocked into one way of thinking. Many studies indicate that these gifts may disappear some time around puberty. But I suspect that's a cultural phenomena, not a true or inherent feature of psychokinesis. That's the age most people adopt a fixed world view and self-image. It is interesting, then, that you see another

increase in psychic development with people in their 30s and 40s -- another time of re-evaluating who you are, the so-called midlife crisis. However, I see these gifts appear at any age. They are like any other human ability -- they appear when needed, as a survival skill or for some other rewarding purpose.

**5. Do you think the portrayal of telekinesis in Carrie and The Rage: Carrie 2 is anywhere close to possible or is it a misleading for those who see it?**

I never saw the movies.

**6. Do you feel that by calling telekinesis psychokinesis it gives people the impression that those that are gifted with it, or believe to be, are crazy?**

I feel that calling telekinesis psychokinesis (PK) is like referring to multiple personalities as Personality Identity Disorder. You are using the correct term and indicating knowledge of the field. If I talk to someone who uses the outdated term, I know that they have been reading very old material, probably Rhine era, or else have little real knowledge of the field. So, I don't believe the name you call it has any implications about giftedness or insanity. It reflects more on the person saying the word than on the person being referred to as having it ability. Frankly, I tend to cringe when I hear someone talk about "telekinesis."

**7. What do you think of testing telekinesis with random number generators or dice?**

Rhine did the original studies on PK with dice after a gambler claimed he had the ability to control which face landed up. RNGs and REGs (random event generators) improved the true randomness of events -- a crucial factor since the only way to determine whether anything had occurred was by comparing it to random chance. Any result away from random chance was considered normal -- whether something occurred far too often or not nearly often enough. There is some controversy in Parapsychology as to whether RNGs and REGs measure PK at all, but could be just as well explained by ESP -- knowing the exact moment to start your study to get the results you wish. It's called "Decision Augmentation Theory." However, the whole issue may be mute because more and more parapsychologist believe that PK and ESP are not separate or distinct at all. Recent studies suggest they occur simultaneously and are essentially indistinguishable. Thus, it may be better to simply call them all "psi" phenomena. So, eventually the terms PK and ESP may be meaningless.

**8. Do you think that these kinds of tests could actually be showing the evidence of another type of psychic ability, such as knowing which number it will land on through precognition, instead of the participant causing the number to show?**

It could be. But the real question may be, does it matter? You're talking about psi.

### **9. What are your views on Precognition and Precognitive dreams?**

I believe the future is not fixed, but consists of probabilities that can be influenced by free will. Some events are very probable and tough to change. But there's always that possibility. Precognition allows you to see a possible future. Because dreaming is an altered state of consciousness that allows psi to show up more easily -- possibly because the unconscious mind, which filters what psychic information you receive has more input then. I've had some precognitive dreams and they're very interesting. Generally, they have a subtle difference in feel to them than an ordinary dream.

### **10. Do you think that there are different amounts of time elapsed between a precognitive dream and the actual event for a reason? If so, for what reason?**

There is no time in the spirit realm. Spirit guides and ghosts have no real awareness of time. Usually if you ask them a question, the best you'll pin them down to is "soon" or "no soon." Time appears to be a feature of our reality or dimension of existence. Often the medium who channels the information can hazard a better guess time-wise than their source -- and often you have to use visual cues, like Holiday decorations in a vision to figure that out. To be honest, my own precognitive events tend to be 2-3 months ahead, and I've had accurate psychic readings that foresaw 10-15 years ahead. I'd guess from your question that you think the time lapse would let you change things, but I don't believe that's true. I suspect it's more a nature of what you're dealing with.

### **11. What are your views on Clairvoyance?**

It happens. Seriously, though, you have to remember two things. As with any other form of psi, the unconscious mind acts as a filter for the information. What kind of information you get and whether it is accurate is determined by what you're interested in (or is meaningful to you) and your own personal issues.

### **12. Do you believe that the episodes of clairvoyance about deaths are telepathically sent out by the person in distress?**

Louisa Rhine probably looked at this as much as anyone, and it was unclear whether the information was sent out by the person dying, actively acquired by the receiver who cared about the person in danger, or a combination of the two at the same time. If I have to guess, I'd say it may vary from situation to situation,

and sometimes be a combination.

**13. Do you feel that all people are born with the potential for psychic ability or do you think that it is a talented few that are "gifted"?**

I think if you read my book, *The PK Zone*, you'll realize that this is truly a universal human ability. Everyone can do it. In every culture from around the globe since the earliest recorded literature. The only question is, do you need to develop it. There are a lot of reasons why people "need" PK. Sometimes your family encourages it in a positive way, it lets you vent your feelings when there's no other way to do so, it helps you to survive (firemen, policemen, soldiers, or people in "dangerous" families -- whether of physical or emotional abuse), you have a near-death experience that brings you closer to the spirit realm, or something else.

**14. Do you believe that emotions play any part in triggering spontaneous psychic events? If so, which emotion(s) do you feel are the strongest at causing such events?**

High levels of emotion (with the sole exception of self-frustration) are clearly associated with spontaneous PK events. I'm not sure whether the same can be said as much for ESP, because an altered state of consciousness -- whether meditation, dreaming, or something else -- more often seems involved. My own study showed that ANY emotion (other than the before mentioned self-frustration) can work equally to trigger events. Boredom can do it as well as anger. I think the negative emotions get more play in the media, however.

**15. What would you tell people who don't believe in psychic abilities?**

Believe what you like. I don't really care. If they pushed the issue, I'd tell them to read the forward to *The PK Zone*. It explains my position and I don't have time to waste talking to them about it. I'd rather help people who already know these things occur to understand their own gifts and how best to develop them.

**16. Is it uncommon for people to view or hear actual words or sites in dreams that will take place?**

No. However the déjà vu phenomena can have more causes than just precognition.